

MON-THURS 11a-9p

FRI-SAT 11a-10p

SUNDAY 10a-8p







\$1250 TEXAS GREENS

Not Your Grandma's SALAD

HICKORY SMOKED COBB

crisp romaine lettuce · grilled chicken · avocado · house smoked bacon · tomato · blue cheese crumbles · deviled egg · smoked poblano dressing

THE BEETNIK

baby arugula · local beets · candied walnuts · artisan goat cheese · micro greens · white balsamic vinegar · extra virgin olive oil

TEXAS BRISKET

crisp romaine lettuce · house smoked brisket · sweet tea bbg sauce · onion crisps · creamy buttermilk dressing

THE JACKALOPE

organic baby spinach · arugula · smoked jackfruit · jicama · sesame seeds · almonds · asian sesame dressing

HEALTH NUT

local kale · quinoa · avocado · green grapes · red bell peppers · almonds · toasted sunflower seeds · mint · citrus vinaigrette

SOUTHWESTERN STEAK SALAD

baby arugula · grilled flank steak · roasted corn salsa · pumpkin seeds · cotija cheese · cilantro-lime vinaigrette

THE BIG CHICKEN

choose: crispy, grilled, or smoked chicken · local mixed greens · roasted bell peppers · carrots · manchego cheese · tortilla strips · herb dijon dressing

CAJUN SHRIMP SALAD

baby spinach · blackened gulf shrimp · cucumber · tomato · red onion · champagne vinaigrette

\$750 HOUSE GREENS

Simple YET SATISFYING

\$5 ADD-ONS

Pon't forget to BEEF UP YOUR GREENS .

CRISPY, GRILLED DE SMOKED CHICKEN / GRILLED FLANK STEAK / MARKET VEGGIES / GRILLED SHRIMP / SMOKED JACKFRUIT / PRIME BRISKET

OUR CLASSIC BEET

local mixed greens · local beets · ciabatta croutons · toasted sunflower seeds · herb vinaigrette

HAIL CAESAR!*

crisp romaine lettuce · parmesan reggiano · cornbread croutons · house made parmesan crisp · caesar dressing

POPEYE & OLIVE OIL

organic baby spinach · mandarin orange · red onion · white balsamic vinegar · extra virgin olive oil

WEDGE OF LIFE

baby iceberg wedges · tomato · blue cheese crumbles · champagne red onions · creamy buttermilk dressing

THE ROCKET

448 Sawdust Road ♦ The Woodlands, Texas ♦ (832) 663-9671

baby arugula · cucumber · pomegranate seeds · parmesan reggiano · rosemary balsamic vinaigrette

Thanks for DINING WITH US!

\$5 BITES

AVOCADO BEET TOAST

beet hummus, avocado, cotija cheese, and balsamic glaze on toasted local ciabatta

SUN DEVILED EGGS

local, pasture-raised eggs, deviled with house smoked bacon and paprika

MAC N' CHEESE EGG ROLLS

mac n' cheese filled egg rolls, with texas dipping sauce

SHISHITO PEPPERS

charred mild peppers, a touch of lemon, herb remoulade dipping sauce

\$5 SOUPS

TEXAS ONION

local onions, ciabatta croutons, melted manchego cheese

TOMATO BISQUE

pureed tomatoes, carrots, and celery with a touch of cream and local honey

CHICKEN TORTILLA

smoked chicken, roasted corn salsa, crispy tortilla strips

\$1250 LONE STAR PLATE Thyme to CUSTOMIZE





Choose your **PROTEIN**

CRISPY, GRILLED OR SMOKED CHICKEN

GRILLED FLANK STEAK

MARKET VEGGIES

SMOKED JACKFRUIT

GRILLED SHRIMP

PRIME BRISKET



Choose TWO SIDES

BEET & SWEET CHIPS

ROSEMARY POTATOES

MAC N' CHEESE

CORNBREAD (1 SLICE)

MARKET VEGGIES

SIDE CAESAR

SIDE MIXED GREENS



Save time ORDER ONLINE herbandbeet.com



Between THE BUNS

Served on a toasted local ciabatta bun with fresh greens, champagne red onions, and house-made herb remoulade

Choose your PROTEIN

\$850 THE SANDWICH

CRISPY. GRILLED OR SMOKED CHICKEN

GRILLED FLANK STEAK

MARKET VEGGIES

SMOKED JACKFRUIT

GRILLED SHRIMP

PRIME BRISKET



Whether you're a large business or need lunch for a small get together, we're here for you.

ASK A TEAM MEMBER FOR DETAILS

ADD-ONS

+50¢ CHEDDAR CHEESE / CORN SALSA / ONION CRISPS / WHEAT BUN +1 BACON / AVOCADO



\$4 SIDES

CORNBREAD

ROSEMARY POTATOES

MAC N' CHEESE

MARKET VEGGIES

ASK ABOUT OUR DAILY SELECTION

Only here for DESSER

Skip ahead to the next cashier

\$5⁵⁰ TINY SPROUTS

E'S GRILLED CHEESE **CHICKEN NUGGIES**

Served with Beet & Sweet Chips or Market Veggies

